

SILMO

ISTANBUL

Akademik



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Graduate from the FHNW University for Applied Sciences in Switzerland with a B.Sc. Optometry and from the Pennsylvania College of Optometry with a B.Sc. Optometry and from Salus University with a M.Sc. Clinical Optometry. Fellow of the American Academy of Optometry (AAO), Member of the European Academy (EAOO), in the Board of Swiss Association of Optometry and Optics (SBAO) as vice president, Swiss delegate for European Council of Optics and Optometry (ECOO). Currently working in private practice as an optometrist focusing in a holistic approach with patients. Nutrition, life style and life coaching are parts of the integrative optometry approach. Actively involved in primary care optometry with special interests in aging, prescribing nutrients in the intervention of age-related macular degeneration, low-tension glaucoma, prevention of cataracts and dry eye.

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